



# ARLINGTON PUBLIC SCHOOLS

## June 2018

### HIGH SCHOOL & OTTOSON MENU

**LUNCH: \$3.00      MILK ONLY: \$0.75**

**Daily Alternates:**  
High School  
 Deli Bar  
 Salad Bar  
 Pizza/Pasta  
 Grab and go salads & sandwiches  
 Assorted hot items

Ottoson Middle School  
 Grab & go salads and sandwiches  
 Pizza/Pasta  
 Assorted hot items  
 All Meals come with low-fat, non-fat, or non-fat chocolate milk



Please notify your server of food allergies.

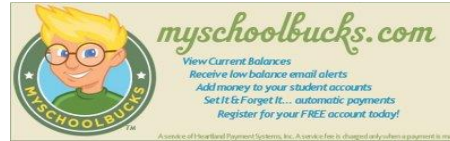


Assorted fruits and veggies are available daily in addition to items listed.

Breakfast Served Daily \$1.50



Prepayments can be made by check to your child's cafeteria or online at:



All balances follow students into the next school year.

MONDAY 4	TUESDAY 4	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
BBQ rib patty on WG roll, sweet potato medley, green beans, pineapple and kiwi cup	Chicken & cheese quesadilla, tri-color nacho chips, lettuce, tomato & corn salsa, fresh fruit bowl	Yogurt & fruit parfait, fresh fruit salad, whole wheat bagel & light cream cheese, fresh baby carrots	Whole grain nachos & taco meat Lettuce, tomato, shredded cheese & salsa, tomato & black bean salad, fruit cup	Chicken pasta bake, warm breadstick, Caesar salad, pineapple cup
MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
Bacon cheeseburger on WG roll, lettuce, tomato and pickle cup, spicy baked fries, banana	Chicken Caesar salad wrap, baked chips, fresh baby carrots and dip, roasted garbanzo beans, fresh fruit	Baked, breaded mozzarella cheese sticks with marina sauce, oven baked crinkle cut fries, strawberry cup	Steak and cheese sub on WG roll, baked curly fries, honey glazed carrots, fresh pear	Grilled cheese panini and tomato soup, assorted fruit and veggies
MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
<b>Last day of lunches High School</b> Meatball sub with sauce and cheese on WG roll, zucchini and tomatoes,	Assorted sandwiches, baked sweet potato fries, fresh veggie sticks, strawberry cup with topping	Chicken parmesan sandwich with sauce and cheese on a whole grain roll, steamed broccoli, peach cup	Honey BBQ Turkey tips, fresh corn bread square, mashed potatoes, assorted chilled and fresh fruit	<b>Last day of lunches Ottoson</b> Assorted Pizza, hot and cold veggie options, fresh fruit bowl