



ARLINGTON PUBLIC SCHOOLS

June 2017

HIGH SCHOOL & OTTOSON MENU

LUNCH: \$3.00 MILK ONLY: \$0.75

Daily Alternates:
High School
 Deli Bar
 Salad Bar
 Pizza/Pasta
 Grab and go salads & sandwiches
 Assorted hot items

Ottoson Middle School
 Grab & go salads and sandwiches
 Pizza/Pasta
 Assorted hot items

All Meals come with low-fat, non-fat, or non-fat chocolate milk




Please notify your server of food allergies.



Assorted fruits and veggies are available daily in addition to items listed.

Breakfast Served Daily \$1.50



Prepayments can be made by check to your child's cafeteria or online at:					THURSDAY 1	FRIDAY 2
 <p>myschoolbucks.com <small>View Current Balances Receive low balance email alerts Add money to your student accounts Set Up & Forget It... automatic payments Register for your FREE account today!</small></p>					Orange chicken with veggies over rice pilaf Stir fry veggies peach cup	Homemade macaroni & cheese, whole grain honey wheat roll, peas, fresh fruit
All funds follow children into the next school year.						
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9		
BBQ rib patty on WG roll, sweet potato medley, green beans, pineapple and kiwi cup	Chicken & cheese quesadilla, tri-color nacho chips, lettuce, tomato & corn salsa, fresh fruit bowl	Yogurt & fruit parfait, fresh fruit salad, whole wheat bagel & light cream cheese, fresh baby carrots	Whole grain nachos & taco meat Lettuce, tomato, shredded cheese & salsa, tomato & black bean salad, fruit cup	Chicken pasta bake, warm breadstick, Caesar salad, pineapple cup		
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16		
Bacon cheeseburger on WG roll, lettuce, tomato and pickle cup, spicy baked fries, banana	Chicken Caesar salad wrap, baked chips, fresh baby carrots and dip, roasted garbanzo beans, fresh banana	Baked, breaded mozzarella cheese sticks with marina sauce, oven baked crinkle cut fries, strawberry cup	Steak and cheese sub on WG roll, baked curly fries, honey carrots, fresh pear	Last day of lunches High School Grilled cheese panini and tomato soup, assorted frit and veggies		
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23		
Meatball sub with sauce and cheese on WG roll, zucchini and tomatoes, melon slice	Assorted sandwiches, Baked chips, veggie sticks, strawberry cup with topping	Chicken parmesan sandwich with sauce and cheese on a whole grain roll, steamed broccoli, peach cup	Ottoson Field Trip Day		Last Day of School 11:30 Dismissal No Lunch Served	