

Breakfast served daily before school

\$1.50



Please notify your server of food allergies.



Vegetarian options are available daily; please let us know if you have any special requests!



Prepayments can be made by check to your child's school or online at www.myschoolbucks.com



ARLINGTON PUBLIC SCHOOLS
FEBRUARY 2018
HIGH SCHOOL & OTTOSON MENU
LUNCH: \$3.00 MILK ONLY: \$0.70



Go Patriots!

			THURSDAY 1	FRIDAY 2
			Roast Turkey Dinner & gravy, WG roll, Mashed potatoes, seasoned green beans Warm spiced apples	Chicken Caesar salad wrap, Baked lays chips, veggie sticks and hummus dip mixed fruit
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Bacon cheeseburger, lettuce, tomato and pickle cup, spicy baked fries, mandarin oranges	Wings of Fire, corn bread, zucchini & tomatoes, mixed melon cubes	Chicken burrito stuffed with rice & beans, lettuce, tomato corn & black bean salad, fruit cup	Meatball sub with sauce and cheese, sweet potato fries, assorted fresh fruit	Spicy chicken tenders Baked fries broccoli & parmesan diced pear cup
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
Popcorn chicken bowl, sweet corn, mashed potatoes and gravy, biscuit Fresh fruit	Spaghetti & meatballs garlic toast Caesar salad Strawberry cup	Grilled cheese panini, baked Lays Chips tomato soup Three bean salad Pineapple slices	BBQ Pork ribs on a WG roll, onion rings Potato salad, fresh veggie sticks Peaches and cream	Homemade macaroni & cheese Whole grain honey wheat roll Sweet peas Fresh banana



Have a Safe and Relaxing Break!

MONDAY 26	TUESDAY 27	WEDNESDAY 28
French toast & syrup cup, scrambled eggs, hash browns, warm spiced apples	Greek salad to go with grilled chicken and feta, Quinoa salad Cinnamon applesauce	Steak and cheese sub on WG roll, honey glazed carrots, baked onion rings, fresh fruit bowl

Prepayments can be made by check to your child's cafeteria or online at:



Daily Alternates:

High School

- Deli Bar
- Salad Bar
- Pizza/Pasta
- Grab and go salads & sandwiches
- Assorted hot items

Ottoson Middle School

- Grab & go salads and sandwiches
- Pizza/Pasta
- Assorted hot items

All Meals come with low-fat, non-fat, or non-fat chocolate milk



Lactaid milk is available.

Assorted fruits and veggies are available daily in addition to items listed.