



ARLINGTON PUBLIC SCHOOLS

FEBRUARY 2019

GIBBS & OTTOSON MENU

LUNCH: \$3.00

MILK ONLY: \$0.70

Daily Alternates:

Grab & go salads and sandwiches
Pizza/Pasta
Assorted hot items

All Meals come with low-fat, non-fat, or non-fat chocolate milk



Assorted fruits and veggies are available daily in addition to items listed.

Lactaid milk is available.

Please notify your server of food allergies.



Breakfast served daily before school



Vegetarian options are available daily; please let us know if you have any special requests!

Harvest of the Month:



Go Patriots!

FRIDAY 1

Chicken, Brady broccoli & ziti
OR
Patriots All Star Chicken Nuggets
warm breadstick,
tossed garden salad,
cinnamon applesauce

MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
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Bacon cheeseburger, lettuce, tomato and pickle cup, spicy baked fries, mandarin oranges	Spicy chicken tenders Baked fries broccoli & parmesan diced pear cup	Chicken burrito stuffed with rice & beans, lettuce, tomato corn & black bean salad, fruit cup	WG nacho chips with taco meat & cheese Lettuce, tomato & salsa, Mexican rice Black bean & corn salsa, fruit cup	Meatball sub with sauce and cheese, oven baked sweet potato fries, assorted fresh fruit
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MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
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Popcorn chicken bowl, sweet corn, mashed potatoes and gravy, biscuit Fresh fruit	WG Spaghetti & meatballs garlic toast Caesar salad Strawberry cup	Grilled cheese panini, baked Lays Chips tomato soup Three bean salad Watermelon slices	Cupid's Chicken Nuggets Sweetheart corn Strawberry cup Valentine Heart Cookie	Homemade macaroni & cheese Whole grain honey wheat roll Sweet peas Fresh grapes
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Have a Safe and Relaxing Break!

MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28
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WG Pancakes & syrup cup, scrambled eggs, hash browns, warm spiced apples	Jumbo soft pretzel Greek yogurt Cheese stick Fresh baby carrots Mandarin oranges	Steak and cheese sub on WG roll, roasted butternut squash, baked onion rings, fresh fruit bowl	BBQ Pork ribs on a WG roll, onion rings Potato salad, fresh veggie sticks Peaches and cream
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