

Think Differently: A New Approach for Parenting, Teaching, and Treating Children with Behavioral Challenges

Arlington Town Hall, 730 Mass. Ave., Arlington, MA. 02476

Tuesday, November 1st, 2011

9:00 A.M. – 4:00 P.M.

WORKSHOP OVERVIEW

Think:Kids and the Department of Psychiatry at Massachusetts General Hospital (MGH) is pleased to offer a one-day training program featuring Dr. Larry Epstein. This one-day introductory training is intended for parents, clinicians and educators interested in learning about the innovative and evidence-based approach to understanding and helping children and adolescents with behavioral challenges described in the acclaimed book, *Treating Explosive Kids: The Collaborative Problem Solving Approach*.

The approach provides a new way of understanding and helping kids who struggle with behavioral challenges. Challenging behavior has traditionally been thought of as willful and goal oriented which has led to approaches that focus on motivating better behavior using reward and punishment programs. If you've tried these strategies and they haven't worked, this workshop is for you! At Think:Kids we have some very different ideas about why these kids struggle. Research over the past 30 years demonstrates that for the majority of these kids their challenges result from a lack of crucial thinking skills when it comes to things like problem solving, frustration tolerance and flexibility. Our approach, therefore, focuses on helping adults teach the skills these children lack while resolving the chronic problems that tend to precipitate challenging behavior.

Through lecture, videos, case examples and role plays this one-day training will help you shift your thinking and approach to foster positive relationships with these children and encourage growth in areas of self-regulation, communication and problem solving. The training qualifies towards our Think:Kids Mentor Certification.

WORKSHOP DETAILS

About Dr. Larry Epstein



Larry Epstein, Ph.D., is Director of School-Based Services at Think:Kids. He is also an Assistant in Psychology in the Department of Psychiatry at MGH and Clinical Instructor in Psychology in the Department of Psychiatry at Harvard Medical School. Dr. Epstein has extensive experience utilizing and teaching the Think:Kids approach across a variety of settings including educational and clinical programs and outpatient practice. He has trained numerous parents, teachers, administrators, mental health and support staff in the approach. In addition to his clinical practice, Dr. Epstein spent several years as a classroom teacher, while also overseeing implementation of the Think:Kids approach in a general education setting.

For the past 17 years, Dr. Epstein worked for the Cherry Creek School District in Denver, Colorado during which time he helped develop the district's intensive treatment program for students with significant behavioral challenges. Dr. Epstein also served as a member of the district social-emotional-behavioral services team, where he assisted numerous schools to implement systemic behavior programs while at the same time consulting with these schools regarding their most challenging students.

Dr. Epstein has a particular passion for helping schools implement systemic behavioral interventions and has published extensively on this topic. He is also a nationally certified bullying prevention trainer and helped found the non-profit organization Creating Caring Communities, where he served as Board President. He has also spent the past several years helping schools implement behavior interventions that are culturally responsive.

Location & Directions

Address: Arlington Town Hall, 730 Mass. Ave., Arlington, MA. 02476
Directions: From Route 2, Exit for "Route 60/Arlington Center/Belmont Center." Follow Route 60 to Arlington Center – major stop light at Mass. Ave. Turn left onto Massachusetts Avenue (white church on left). Follow Mass. Ave. to #730.

WORKSHOP AGENDA

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| 8:15-9:00 | Registration and Continental Breakfast |
| 9:00-10:30 | Philosophy and the Power of Conventional Wisdom |
| 10:30-10:45 | Break |
| 10:45-12:00 | Pathways to Challenging Behavior: Identifying Unsolved Problems and Lagging Thinking Skills |
| 12:00-1:00 | Lunch (on your own) |
| 1:00-2:15 | The Plans: Your Three Options for Responding to Problems |
| 2:15-2:30 | Break |
| 2:30-3:30 | Plan B: Solving Problems and Teaching Skills Collaboratively |
| 3:30-4:00 | Question and Answer / Further Resources |

WORKSHOP REGISTRATION

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|-----------------------|--|
| Fee | Registration Fee: Professional Rate....\$99/person (*includes CEUs or certificate of attendance) Parent Rate.....\$89/person |
| *Accreditation | <p>Teachers: A certificate of attendance will be issued for 5.5 contact hours that can be submitted to the Massachusetts Dept. of Elementary and Secondary Education for approval with another training (4.5 hours or greater). (PDPs can only be issued for a single or multiple trainings that are a minimum of 10 contact hours).</p> <p>Psychologists: Massachusetts General Hospital, Department of Psychiatry, is approved by the American Psychological Association to offer continuing education of psychologists, and maintains responsibility for this program. An application has been submitted for 5.5 contact hours</p> <p>Social Workers: An application has been submitted for 5.5 continuing education credits to the NASW Collaborative of Boston and Simmons College.</p> <p>Licensed Mental Health Counselors: An application has been submitted to MMCEP for 5.5 continuing education credits.</p> <p>Licensed Marriage and Family Therapists: An application has been submitted to Family Development Associates/Continuing Education Certificates for 5.5 continuing education credits.</p> <p>Nursing, Occupational Therapy, Speech Therapy, Other: A certificate of attendance will be provided that can be submitted to the corresponding professional organization for consideration.</p> |
| Deadline | No walk-ins accepted, please register early! |
| Cancellations | Non-refundable. Substitutions are permitted. |
| Confirmation | Email confirmation will be sent when registration and payment are received. |
| Questions | Email: y Moreira@partners.org or call Ysis Moreira at 617-643-3061. |
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Think:Kids

101 Merrimac Street, Suite 250 • Boston, MA 02114
Main Tel: 617-643-6030, Fax: 617-643-9715

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WORKSHOP REGISTRATION

Please mail completed form(s) with check made payable to Think:Kids at MGH to:

Think:Kids

101 Merrimac Street, Suite 250 • Boston, MA 02114

(Please print clearly and use a separate form for multiple registrants)

Name: _____

I will be attending as a: *(check all those that apply)*: Parent Clinician Educator
 Other _____

Position/Title (if applicable): _____

Organization Name (if applicable): _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

I heard about the workshop from: Email Mail Website Friend Other

REGISTRATION PAYMENT AND CEU FEES

\$ _____ Professional Registration Fee: **\$99**/person . Please indicate discipline(s) for which you wish to receive CEUs/Certificate of Attendance:

- Social Work (CEUs)
- Licensed Mental Health Counselors (CEUs)
- Marriage and Family Therapists (CEUs)
- Psychologists (CEs)
- Nursing, Educators, Occupational Therapy, Speech Therapy, Other
(Certificate of Attendance)

\$ _____ Parent Registration Fee : **\$89**/person

REGISTRATION METHOD

- My check (payable to Think:Kids at MGH) is enclosed.
- Purchase Order #: _____ . (A copy of the purchase order must be attached)

Note: Sorry, we are unable to accept credit card payments

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