



## Mission

SEPAC acts as a resource for parents, advising the district on matters related to the supports, programs and performance of students with special needs and disabilities (504s).

We provide support, resources, networking, and workshops to help you become informed about special education topics and to connect with other parents.

Our elected Officers represent your interests at meetings and discussions and help organize events of interest to parents.

### Visit our website:

[www.arlington.k12.ma.us/sepac](http://www.arlington.k12.ma.us/sepac)

**Who are we?** SEPAC is comprised of volunteers who dedicate time to act as a resource for parents. We advise the school committee and district on matters that pertain to the education, health, and safety of students with special needs from ages 3 to 22. *(See inside for useful links & visit our website for even more useful information)*

**Why?** Commonwealth regulations require that each Special Education Parent Advisory Council (SEPAC) advise the district on matters that pertain to the education and safety of students with disabilities. We meet regularly with School Administrators and the School Committee to participate in planning, developing, and evaluating the school district's special education programs.

**When?** We hold monthly informal gatherings for parents and kids; see our **website** for events and updates and the **calendar** *(inside)* for what's planned for this year.

Contact us or join our **email** list at:

#### EMAIL:

[ArlingtonSepac@yahoo.com](mailto:ArlingtonSepac@yahoo.com)

#### WEBSITE:

[www.arlington.k12.ma.us/sepac](http://www.arlington.k12.ma.us/sepac)

## Arlington

## Special

## Education

## Parent Advisory

## Council



### *calendar inside*

SEPAC is comprised of volunteers dedicating time to provide resources for parents and advice to the district on matters pertaining to the education and safety of students with disabilities.

This brochure was developed by the Arlington SEPAC



## Calendar

## Outreach and Resources

### Office of Special Education

869 Massachusetts Avenue, 6<sup>th</sup> Floor  
Arlington MA 02476  
Main: 781-316-3530  
Interim Director 781-316-3531  
Assistant Director 781-316-3528  
[www.Arlington.k12.ma.us/SpecialEducation](http://www.Arlington.k12.ma.us/SpecialEducation)

### Arlington Public School District Contacts:

Home Page: [www.arlington.k12.ma.us](http://www.arlington.k12.ma.us)

**Superintendent Office:** 781-316-3502

[KTassone@arlington.k12.ma.us](mailto:KTassone@arlington.k12.ma.us) (Exec. Asst)

**School Committee:** 781-316-3540

[KFitzgerald@arlington.k12.ma.us](mailto:KFitzgerald@arlington.k12.ma.us) (Admin. Secty)

**Transportation:** 781-316-3503

**504 Coordinator:** 781-316-3570

### State Contacts:

Office of Civil Rights (504s):

[www.hhs.gov/ocr/civilrights/index](http://www.hhs.gov/ocr/civilrights/index)

### Dept. of Elementary and Secondary Education:

[www.doe.mass.edu/sped](http://www.doe.mass.edu/sped)

Compliance (PQA): 781-338-3700

Bureau of Special Ed Appeals 781-338-6400

[www.autismspeaks.org](http://www.autismspeaks.org) (Autism)

[www.aane.org](http://www.aane.org) (Asperger's Association of New England)

[www.aaidd.org](http://www.aaidd.org) (Intellectual & Developmental Disabilities)

[www.cerebralpalsy.org](http://www.cerebralpalsy.org) (Cerebral Palsy)

[www.concordspedpac.org](http://www.concordspedpac.org) (Comprehensive site)

[www.epilepsy.org](http://www.epilepsy.org) (Epilepsy and Seizures)

[www.FCSN.org](http://www.FCSN.org) (Fed, for Children with Special Needs)

[www.foodallergyadvocate.com/504Plan](http://www.foodallergyadvocate.com/504Plan) (Allergies)

[www.LDOnline.org](http://www.LDOnline.org) (Learning Disabilities)

[www.massfamilyties.org/index](http://www.massfamilyties.org/index) (Health & Community)

[www.thomchild.org/charles-river](http://www.thomchild.org/charles-river) (Early Intervention)

[www.nami.org](http://www.nami.org) (Natl. Institute for Mental Health)

[www.nichcy.org](http://www.nichcy.org) (Natl. Center for Children w/Disabilities)

[www.PPAL.org](http://www.PPAL.org) (Parent/Profess. Assoc./Mental Health)

[www.rfbd.org](http://www.rfbd.org) (Reading for Blind & Dyslexic)

[www.thinkkids.org](http://www.thinkkids.org) (Challenging Children)

[www.tsa-usa.org](http://www.tsa-usa.org) (Tourette's Syndrome)

[www.wrightslaw.com/topics](http://www.wrightslaw.com/topics) (Advice & Resources)

[www.yellowpagesforkids.com](http://www.yellowpagesforkids.com) (Resources State & National)

### Meet and Greet with Kathleen

**Lockyer**--Stop by for morning coffee and meet our new Interim Director of Special Education. Brackett School, 66 Eastern Avenue, 8:15-9:30 AM. Tuesday, Sept. 27.

### Special Education Program

**Compliance Review**—Regular School Cmte Meeting with presentation on CPR and Special Ed Corrective Action Plan Date: Sep 22, 6:30 PM. AHS School Cmte Room.

### ThinkKids All Day Workshop--

Limited free seats available for Arlington parents of students on Individual Educational Plans (IEPs). Nov. 1, 9-2:30 PM. Arlington Town Hall. (visit [www.thinkkids.org](http://www.thinkkids.org) for details)

### Basic Rights in Special Education--

Brush up on your rights and be more confident at meetings! Presented for parents, staff, and all interested persons by the Federation for Children with Special Needs. TBD

**Bullying Prevention & Intervention in IEPs—What Every Parent Should Know.** Details forthcoming. TBD

**Appreciation Awards.** TBD

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**End of the Year Dinner & Future Planning May 2012.**

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