



Mission

SEPAC acts as a resource for parents, advising the district on matters related to the support, programs and performance of students with special needs and disabilities, ages 3 to 22.

We provide support, networking, and workshops to help parents become informed about special education topics and connect with other parents.

Our elected officers represent parent interests at meetings and discussions, and help organize events of interest to parents.

Contact us or join our email list:
ArlingtonSEPAC@gmail.com
Visit us at
arlingtonSEPAC.wordpress.com
www.arlington.k12.ma.us/sepac

Arlington Special Education Parent Advisory Council



SEPAC is comprised of volunteers who dedicate time to provide resources for parents and advice to the district on matters pertaining to the education and safety of students with disabilities.

This brochure was developed by Arlington SEPAC, with thanks to the Arlington Public Schools for printing and disseminating this brochure, and for supporting our mission of outreach to the Arlington community.



Who are we?

SEPAC is comprised of volunteers who dedicate time to act as a resource for parents. We advise the School Committee and the district on matters that pertain to the education, health, and safety of students with special needs and disabilities from ages 3 to 22 years.

Why? Commonwealth of Massachusetts regulations require that the Special Education Parent Advisory Council advise the district on matters that pertain to the education and safety of students with disabilities. We meet regularly with school and district administrators and the School Committee to participate in planning, developing, and evaluating the school district's special education programs.

When? We hold monthly workshops and informal gatherings for parents and kids; visit our website for events and updates on what is planned for this year.

Contact us or join our email list:
ArlingtonSEPAC@gmail.com

Visit our website:
www.arlington.k12.ma.us/sepac

Outreach and Resources

Office of Special Education

869 Massachusetts Avenue, 6th Floor
Arlington MA 02476
Telephone: 781-316-3530
www.Arlington.k12.ma.us/SpecialEducation

Arlington Public School District Contacts:

Home Page: www.arlington.k12.ma.us
Superintendent's Office: 781-316-3502
KTassone@arlington.k12.ma.us
School Committee: 781-316-3540
KFitzgerald@arlington.k12.ma.us

State Contacts

Office of Civil Rights (504s):

www.hhs.gov/ocr/civilrights/index

Dept. of Elementary and Secondary Education:

www.doe.mass.edu/sped
Compliance (PQA): 781-338-3700
Bureau of Special Ed Appeals 781-338-6400

www.AutismSpeaks.org (Autism)
www.aane.org (Asperger's Association of New England)
www.aaid.org (Intellectual & Developmental Disabilities)
www.CerebralPalsy.org (Cerebral Palsy)
www.concordspedpac.org (many links to online resources)
www.epilepsy.org (Epilepsy and Seizures)
www.FCSN.org (Federation for Children with Special Needs)
www.FoodAllergyAdvocate.com/504Plan (Allergies)
www.LDOnline.org (Learning Disabilities)
www.MassFamilyTies.org/index (Health & Community)
www.nami.org (Natl. Alliance on Mental Illness)
www.parentcenterhub.org (Ctr for Parent Info & Resources)
www.PPAL.org (Parent/Profess. Assoc./Mental Health)
www.rfbd.org (Reading for Blind & Dyslexic)
www.ThinkKids.org (Challenging Children)
www.thomchild.org/charles-river (Early Intervention)
www.tsa-usa.org (Tourette's Syndrome)
www.wrightslaw.com/topics (Advice & Resources)
www.YellowPagesForKids.com (State & National Resources)

All from 8:30 – 10:00 am (2nd Tuesday of the Month) @ the Jefferson
Cutter House unless otherwise noted

Tuesday September 8th, 2015 @ Thompson Elementary School

Tuesday October 13th, 2015

Tuesday November 10th, 2015

Tuesday December 8th, 2015

Tuesday January 12th, 2016

Tuesday February 9th, 2016

Tuesday March 8th, 2016

Tuesday April 12th, 2016

Tuesday May 10th, 2015

Tuesday June 14th, 2016.